



Toileting and Nappy changing Policy

Statement of Intent – Toileting

We promote independent toileting for all children who have reached this stage.

Our toileting procedure is as follows:

- Children are encouraged to ask a member of staff if they need to use the toilet. This arrangement enables toileting to be more closely monitored by staff who are then on hand to supervise hand washing afterwards and give help should it be required.
- Toileting procedure
- Adults to supervise.
- Check and clean toilet area regularly throughout day.
- If you need to help a child with body fluids wear protective gloves and dispose of them in the yellow bin.
- Encourage children to flush the toilet.
- It is very important to train them to wash their hands after using the toilet.

Encourage children to be as independent as possible, at a level suitable to their area and stage of development.

Statement of Intent - Nappy changing

It is our aim to ensure that children are kept clean and comfortable by being changed and checked on a regular basis. Children's privacy should be treated with respect and nappy changing should not be rushed but used as an opportunity for one-to-one exchanges of conversation and smiles. Parents/carers of children not yet completely toilet trained are required to provide sufficient disposable nappies and wipes for each day.

Our nappy changing procedure is as follows:

(Taken from risk assessment)

To be displayed wherever nappies are changed.

- Put on a blue apron and a pair of disposable gloves.
- Prepare nappy, nappy sack and wipes.
- Place the child on the changing mat ensuring that you do not turn away even for a moment. They must never be left unattended in case they roll off.
- If the child is too heavy for you to lift comfortably put the mat on the floor and change them there.
- Change the nappy and put it in a nappy sack and then in the yellow bin.
- Keep the child happy by talking / singing to them or allowing them a favourite toy.
- Lift the child off the changing mat and encourage them to wash their hands.
- Wipe the changing mat with anti-bacterial spray and dry with a paper towel.
- Remove apron and gloves and place in yellow bin.
- Write the child's name and what time the nappy was changed on the sheet.