

## Kiddie Kapers Dinner Menu – Autumn/Winter 2022/2023

|               | <b>Monday</b>                                                                                        | <b>Tuesday</b>                                                                 | <b>Wednesday</b>                                                                         | <b>Thursday</b>                                                                                            | <b>Friday</b>                                                                                      |
|---------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| <b>Week 1</b> | <p>Tuna and sweetcorn pasta<br/>Peas</p> <p>Jam sponge<br/>Custard</p>                               | <p>Jacket Potato<br/>Beans<br/>Cheese</p> <p>Homemade rice pudding</p>         | <p>Roast meat<br/>Roast potatoes<br/>Seasonal vegetables</p> <p>Yoghurt</p>              | <p>Homemade curry<br/>Basmati rice<br/>Carrots</p> <p>Fruity bread and<br/>butter pudding<br/>Custard</p>  | <p>Winter stew<br/>Dumplings<br/>Peas</p> <p>Homemade flapjack</p>                                 |
| <b>Week 2</b> | <p>Homemade pizza<br/>Rustic potato wedges<br/>Sweetcorn</p> <p>Flavoured whip</p>                   | <p>Tomato and cheese pasta<br/>bake<br/>Peas</p> <p>Homemade oat cookie</p>    | <p>Cottage pie<br/>Baked beans</p> <p>Fruit crumble<br/>Custard</p>                      | <p>Roast meat<br/>Roast potato<br/>Winter vegetables</p> <p>Yoghurt</p>                                    | <p>Spanish sausages<br/>Long grain rice<br/>Green vegetables</p> <p>Sultana sponge<br/>Custard</p> |
| <b>Week 3</b> | <p>Cowboy casserole<br/>Boiled potato<br/>Green vegetables</p> <p>Oaty fruit crumble<br/>Custard</p> | <p>Oven baked fish fingers<br/>Mashed potato<br/>Peas</p> <p>Bread pudding</p> | <p>Homemade chilli<br/>Long grain rice<br/>Sweetcorn</p> <p>Fruit sponge<br/>Custard</p> | <p>Vegetable lasagne<br/>Herby bread<br/>Mixed vegetables</p> <p>Homemade<br/>chocolate<br/>shortbread</p> | <p>Roast Meat<br/>Roast Potatoes<br/>Seasonal Vegetables</p> <p>Yoghurt</p>                        |

**Menu subject to change depending on availability of produce.**

**Vegetarian options available – most allergies catered for.**